

## **Stockport Road Safety News**

## Starting Primary School and Road Safety

As your child begins School it's an exciting time for them and full of new experiences. The journey to and from School is an important part of their new daily routine. It's a perfect opportunity to form good habits that will last a lifetime.

Walking, scooting and cycling to School have many benefits. They form part of the daily exercise children need and is recognised as contributing towards children arriving at School refreshed, fit and ready to learn.

Walking enables you to talk with your child about the day ahead or what they have done at School. It's also a great way of helping them to learn about Road Safety. For example, talk about safer places to cross the road, how to cross using Stop, Look, Listen and Think and why running across the road is not a good idea. Using the School journey as an opportunity to develop good Road Safety habits will help build up your child's confidence and road awareness. Set a good example, your children will learn from you.

Vehicle congestion around Schools can have an effect on everyone. It can compromise safety, cause conflict with residents and contribute towards poor air quality. Sustainable travel can help reduce these issues and have a positive effect.

If you do drive, please consider parking away from School and 'park and stride' walking the last 5 or 10 minutes. Also ensure you park considerately and legally.

However, you travel, give yourself plenty of time and plan your route.



